Adelphi University’s First Year Courses

One of the most exciting and intellectually challenging aspects of your first year at Adelphi will be your First Year Seminar (FYS). Each year faculty from across the University create seminar courses on topics we are passionate about. We design these three-credit seminars to exemplify how members of the academic community think about interesting ideas and problems. (In the pages that follow you will find brief descriptions of all available seminars.) Although the topics cover a wide range of human knowledge and research, each seminar gives you practice in taking responsibility for your own learning as you participate in the exchange of ideas that distinguishes collegiate education. Expect to challenge and to be challenged, to learn, share, and teach what you know among a tightly-knit community of seminar participants.

All seminars focus on reading college-level theoretical and primary material and learning to consider the underlying questions, implications, connections and significance of the ideas you find there. Along the way, seminar participants become the teachers as you lead class discussions and give presentations on the ideas you will develop during the semester. This focus on reading, writing and speaking well in public reflects our belief that such skills are crucial both to success in college and to effective citizenship and leadership.

Connected with every FYS is a one-credit Freshman Orientation Experience (FOrE). This course is designed to acquaint students with the facilities and services that Adelphi offers students. It also will inform you of, and provide an opportunity for discussion about Adelphi’s expectations of you. Even after summer orientation, first year students often have questions about Adelphi’s regulations, course requirements and expectations, about the many offices, support services, and other resources available to you, as well as about simply adjusting to college. The course provides students with the opportunity to talk with the faculty or staff member teaching it, with an experienced Adelphi student (called the PAL, for Peer Assistant Leader), and with fellow students about these aspects of college life.

Please note in the pages that follow that students who enroll in a particular seminar must also register for the corresponding one-credit FOrE class (this will become clear as you study the list). This requirement allows each student to get to know a group of students well, a process that, research has shown, helps students adjust to and succeed in college.

Welcome to Adelphi!
FIRST YEAR SEMINARS - Fall 2014

For updates of course descriptions, staffing, scheduling and availability, please go to eCampus and open CLASS under Services, then Fall 2014 courses, and look under the department Freshman Experience (0952). Or visit arts-sciences.adelphi.edu/ge-courses for the updated document.

Section 1

0952-110-001 – MWF – 10:00-10:50
Margaret Cassidy, Associate Professor – Communications Department
When Old Media Were New Media: American Media History, 1830-1980
What do we mean when we talk about "new media"? Think about it: All media, from the alphabet to papyrus scrolls to television to the iPhone, were once "new media." In this course, we will explore how new media transformed American life in the 19th and 20th centuries. For example, how did Americans learn about Lincoln's election, or his assassination? How did they know what was happening to their loved ones on the Civil War battlefields? What was it like when the fastest way you could contact someone in another city or state was to send a letter by mail, which would be carried by someone on horseback? How did people react the first time people were able to see photographs of themselves, or to hear someone's voice on a telephone? How did people organize their social lives before cell phones and social media? What was it like? What did these people have in common with us, and what was different? What would they think of the way we use our "new media" today?

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-001, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-03 – F – 9:00-9:50am
Michael Spar, Associate Director - Office of Business Affairs

Section 2

0952-110-002 – MWF – 10:00-10:50
Onsy Elshamy, Professor - Mathematics and Computer Science Department
Getting the Grade: Mastering the Skills of Being a Good Student
Is designed to help students overcome the hurdles they face in any classroom. It will teach students how to handle test-taking anxiety, time management, develop efficient modes of note taking, understanding tough subject matter by use of critical thinking and dissecting of the material.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-002, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-02 – W – 9:00-9:50am
Tara Amari, Assistant Registrar – Office of the Registrar

Section 3

0952-110-003 – MWF – 11:00-11:50
Jennifer Fleischner, Professor – English Department
Reading New York City
One aim of this course is to introduce you to the world's greatest city through its writers and its neighborhoods.
Unlike conventional surveys of literature, this course asks you not to sit idly in Nassau County contemplating literature, but to spend time in Manhattan taking in its cultural life and energy, all as part of your learning experience. We will read from a broad spectrum of fiction writers, playwrights and poets, and watch one or two of New York's most important films about itself. Students will write often (in class and longer assignments), go on walking tours, and take the initiative to discover New York for themselves.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-003, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-03 – M – 9:00-9:50am
Anna Zinko, Senior Assistant Director - Center for Student Involvement

Section 4

0952-110-004 – TR – 1:40-2:55
Prof. Laraine Wallowitz, Associate Professor – School of Education

Gender Studies: New Media and Historical Text
In this course, we will learn why gender matters and why/how it is unfairly constructed by various texts such as TV, music, advertising, newspapers, art and literature. Our exploration will connect current global issues with events occurring in the US, past and present, in order to resist and re-write the current definitions of what it means to be “male” and “female” and create positive change within ourselves and support the empowerment of women around the world.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-004, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-04 – M – 10:00-10:50am
Robert Otto, Professor - Exercise Science, Health Studies, Physical Education and Sport Management

Section 5

0952-110-05 – MW(F) – 12:00-12:50 PM
Jessie Klein, Assistant Professor – Department of Sociology

Challenging United States Misery by Teaching Empathy
This course explores U.S. declines in happiness and friendship. Students, teachers, parents, spouses, and others are learning how to be empathetic—in part, as an antidote to an otherwise growing U.S. malaise. We will analyze important works and learn empathy skills—to gain insights into this fascinating zeitgeist.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-05, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-05 – F – 10:00-10:50 AM
Carol Lucas, Director - Student Counseling Center

Section 6

0952-110-006 – MWF – 12:00-12:50
Rita Verma, Associate Professor – School of Education
Human Rights and Social Justice: Activism and Awareness
This course examines the challenges we face and have faced in efforts to promote justice and explores the ways that people, acting together, have changed the world. We will look at the human rights issues both local and global. Our specific focus will be on globalization and human rights around the world with the goal of developing enhanced global citizenship skills.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-06, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-06 – M – 11:00-11:50 AM
Annette Uvena, Senior Coordinator of Academic Services – Academic Services and Retention

Section 7
0952-110-026 – TR 10:50-12:05 PM
Helmut Perez, Associate Professor – Exercise Science, Health Studies, Physical Education and Sport Management - School of Education
A Study of Physical Activity Relative to the Inactive Lifestyle
In this course we will identify and analyze current issues relative to active and inactive lifestyles. We will investigate how our society and others are affected by minimizing energy output and how this leads towards hypokinetic disorders that reduce life spans. Myths associated with physical activity and their roots will be evaluated and compared to current knowledge based on scientific research. Students should be able to develop a comprehensive program of wellness. Using the body of information learned in this course.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-007, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-007 - M – 12:00-12:50 PM
Audrey Struber, Senior Clinical Educator – Learning Resource Program

Section 8
0952-110-08 – MW – 2:25-3:40 PM
Diane Caracciolo, Associate Professor - School of Education
Becoming Human
Through reading, writing and conversation, we will explore our humanity. Students will be given the opportunity to select one of their reading assignments from a range of options. Panel discussions, a social justice project, and a simulated courtroom experience will provide lively opportunities for team work and individual expression.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-008, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-08 – M – 12:00-12:50 PM
Lauren LaVoie, Senior Clinical Education Curriculum Coordinator – Learning Resource Program
Section 9
0952-110-009 – M(W) – 1:00-2:15 PM
*Darren Petronella, University College Faculty*
**Psychology of Prejudice: “What’s Going On Out There?”**
This course will explore the issues of prejudice as they relate to human behavior from the perspective of the individual in various social contexts. To address the different learning styles of students, we will utilize readings, films, in-class activities/discussions, and out-of-class (field) assignments to investigate the impact of prejudice on various aspects of living.

**STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-009, MUST ALSO TAKE:**
First Year Orientation Experience
0952-100-009 – F – 12:00-12:50 PM
*Tara Wagner, Director – Center for Student Involvement*

Section 10
0952-110-10 – MW – 2:25-3:40 PM
*Kerry A. Prep, Department of Theatre*
**Introduction to the Study of Song and the Craft of Songwriting**
We will examine the literature of song words set to music, in its variety of forms, genres, and uses, as well as how songs are constructed. In addition, we will be composing song lyrics to specific models considered in our survey.

**STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-10, MUST ALSO TAKE:**
First Year Orientation Experience
0952-100-10 – W – 11:00-11:50 AM
*Jennifer Walsh, Senior Coordinator of Academic Services – Academic Service and Retention*

Section 11
0952-110-011 – TR – 9:25-10:40
*Mark Chambers, Professor – Department of History*
**Natural Disasters in the Americas**
From the 1631 Boston fire that led to America’s first recorded smoking ban, to the earthquakes, tornados, hurricanes, fires, and floods of the summer of 2011, disasters reshape the lives, politics, societies and the spaces they strike. This seminar explores the relationship between “natural” events like storms and earthquakes; biological crises like epidemics; and man-made catastrophes like the sinking of the Titanic or more recently the South Korean Ferry – MV Sewol. Just as Hurricane Katrina in 2005 brought us into homes and communities that we don’t normally encounter, the Lima earthquake of 1746 takes us into the residences and even bedrooms of the rich and poor—areas that historical records usually neglect. Disasters transformed both physical and mental worlds. They shaped urban planning, agriculture, and the economy, and even made societies collapse. Students will investigate the ways in which natural disasters are understood at different moments, how people place blame for disasters, and how disrupted environments are re-built. One argument of this seminar is that the theory of disaster is constantly catching up to real-world events. Consequently, some of the most prescient responses to and accounts of natural disasters are ones written by those who experienced them. We will critically read several first-person accounts of natural disasters, fictional re-imaging’s of disasters, as well as issues raised in David Finkel’s *Thank You for Your Service.*
STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-11, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-011 – T – 8:25-9:15 AM
Lauren Purcaro, Senior Assistant Director – Center for Student Involvement

Section 12
0952-110-12 – MW – 1:00-2:15
Sarah Eltabib, Academic Tutor – General Studies
Roots of Social Movements: From the Coffeehouse to the Cyber-house
This course will examine types of social movements and specific protest movements around the world that have resulted in active political and social change throughout Modern History. Several factors are considered including the examination of politicized spaces (Universities, Coffeehouses), Social Media (Twitter, Facebook) and discussions regarding international rights to assembly.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-12, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-12 – M – 8:00-9:00 AM
Michael McLeod, Associate Treasurer Budget Director – Treasurer

Section 13
0952-110-013 - TR – 12:15-1:30
Robert Goldberg, Associate Professor – Accounting, Finance and Economics –School of Business
Your Money AND Your Life: A Course in Personal Finance
The course introduces economics and finance for the individual. Topics include credit cards, investments, and the debate on taxes and wealth distribution. Students learn how to evaluate personal financial decisions, establish financial goals, and consider strategies for achieving these goals. Current events are discussed. Not recommended for business majors.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-13, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-13 – T – 9:25-10:15 AM
Thomas Ward, Executive Director - Center for Career Development

Section 14
0952-110-14 – TR – 12:15-1:30 PM
Kermit Frazier, Professor – Department of English
Drama and Disease
Play is primal. That is, it’s fundamental, primary, basic. In fact, a case can be made that playmaking is a human being’s first art form. Playmaking is the way one first learns—learns how to communicate, learns how to imitate. Its action and conflict meted out by the clash between the “two big O’s”: objectives and obstacles. Such action and conflict is what helps to shape us, define who we are, what we believe in, what we want, need, desire. For as the Greek philosopher Aristotle puts it: “Man [and woman] is his [her] desires.” In this course,
through reading plays and viewing film adaptations, students will examine, discuss, and write about dramatic literature whose themes and actions deal with diseases—illness, plagues, epidemics—and how they affect both the characters’ dramatic journeys and the societies in which they live. Dramatic literature whose conflicts are as primal as play itself.

**STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-14, MUST ALSO TAKE:**

First Year Orientation Experience  
0952-100-14 – T – 10:50-11:40 AM  
*Roseanne Russell, Executive Assistant to the Dean – College of Arts and Science*

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**Section 15**

**0952-110-15 – TR – 12:15-1:30 PM**  
*Martha Cooley, Associate Professor - Department of English*

**The Short Story at Home and Abroad**

In this seminar we will read contemporary short stories, including “flash” fictions, written by American authors and by writers from around the world (in English and in translation). We’ll look closely at the subjects and themes these stories tackle, their structures, and the lively qualities of language that make each work special. In addition, we’ll consider how and why a story might be called “American” (apart from the nationality of its author), and what social, political, religious, intellectual, and/or emotional concerns are shared by the stories. Students will prepare brief response papers, make in-class presentations, and write two essays for this class.

**STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-15, MUST ALSO TAKE:**

First Year Orientation Experience  
0952-100-15 – T – 10:50-11:40 AM  
*Gary Schechter, Math Science Coordinator – Science/Math Education*

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**Section 16**

**0952-110-016 – TR – 1:40-2:55**  
*Jaqueline LaMon, Associate Professor – Department of English*

**Writing to be Heard**

Reciting Poetry. Giving Speeches. Creating Video Blogs. In this seminar, students will contemplate the written word as the foundational element of human interaction—especially in our world of evolving technologies. By giving life to the words we find in print, students will perform literary texts, write and render speeches, explore the audio/visual world of YouTube, and more.

**STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-16, MUST ALSO TAKE:**

First Year Orientation Experience  
0952-100-16 – T – 12:15-1:05  
*David Rodriguez, Administrative Assistant – Office of the University Registrar*

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**Section 17**
0952-110-17 – TR 3:05-4:20 PM  
Martin Garrell, Professor – Department of Physics

**Environmentalism: From “Teddy Roosevelt” to “Obama”**

The conservation movement in America began around the time of the Civil War when certain individuals were alarmed by the disappearance of fish, land and game. By the mid-20th century many American “conservationists” saw themselves as environmental stewards in a new movement that eventually influenced the rest of the world. However, a strong counter-revolution stalled the movement’s progress after 1980. With the planet threatened by population pressure and rapid climate change today, the movement stands at a crossroads. This course traces the 150-year history of the movement.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-17, MUST ALSO TAKE:

First Year Orientation Experience  
0952-110-17 – T – 1:40-2:30 PM  
Carol Lucas, Director Student Counseling Center – Student Counseling Center

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Section 18  
0952-110-018 – T(R) – 3:05-4:20  
Cindy Maguire, Assistant Professor – Department of Art and Art History  

**Art as a Tool for Change**

In this course students will learn about, discuss and debate how the visual and performing arts have been used to advocate for human rights around the world. We will explore concepts such as bystanders, victims, perpetrators, and upstanders, concepts adopted from Facing History, Facing Ourselves as well as ‘freedom,’ ‘equality’ and ‘justice’, which inform the Universal Declaration of Human Rights (1948). The class is organized into four related topics that explore 1) South Africa and the anti-apartheid movement; 2) Kosovo during and after the Balkan Wars; 3) Western Sahara and the fight for self-determination; and 4) the United States and the Prison Industrial Complex. Critical questions students will consider: To what extent can music, performance and the visual arts highlight human rights abuses as well as intervene and impact the dismantling of such abuses? What are some of the cultural, historical and political contexts that influence the work of artists in advocating for human rights? How can artists collaborate with communities to rebuild after conflict? What can we do, as citizens in this country, to advocate for human rights through the arts? As part of this course, students will do a collaborative arts project with children and youth from Suhareka, Kosovo and Western Sahrawi refugees in Camp Boujdour, Algeria.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-18, MUST ALSO TAKE:

First Year Orientation Experience  
0952-100-18 – T – 1:40-2:30 PM  
Matthew Jasinski, Residence Hall Director – Hall B

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Section 19  
0952-110-19 – TR – 1:40-2:55 PM  
Luda Bryzheva, Associate Professor – School of Education  

**Identity and Restorative Justice: Survival and Beyond**

“How did I get here?” is the question that drives this semester’s exploration of identity (emphasis on racial and ethnic identity). Via personal narratives, case studies, film and literature, students learn about construction of
identity and how we end up where we are in life. Students develop plans of action to bring class lessons into their spheres of influence. Restorative justice practice is introduced throughout the course.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-19, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-19 – T – 3:05-3:55 PM
Linda Gundrum, Director – Campus Recreation and Intramural Sports

Section 20
0952-110-20 – MW – 2:25-3:40 PM
Susan Dunn – University College Faculty
Law and Order: An Introduction to Criminal Law
Students will explore the fundamentals of criminal law with a particular focus on substantive crimes such as murder, arson, and sexual assault. Students will examine topics such as the basic requirements of a criminal act, the goals of punishment, and potential defenses. From the first encounter with law enforcement, through trial and sentencing, students will learn what must be done in order for the prosecution to prove a defendant’s guilt beyond a reasonable doubt.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-20, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-20 – W – 10:00-10:50 AM
Camille Pajor, Residence Hall Director – Chapman Hall

Section 21
0952-110-021 – M(W) – 4:15-5:30
Shannon Lane, Assistant Professor – School of Social Work
Community and Identity: Online and In Real Life
This hybrid course will study how our membership in communities affects our identities, relationships with others, and relationships with society. Students will critically analyze literature and popular culture, and reflect on their own opinions and experiences. In addition, we will look at online interactions and their place in today’s communities.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-21, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-21 – W – 10:00-10:50 AM
Ruth McShane, Assistant Dean – College of Arts and Sciences

Section 22
0952-110-22 – MW – 4:15-5:30 PM
Kerry A. Prep – Department of Theatre
Introduction to the Study of Song and the Craft of Songwriting
We will examine the literature of song words set to music, in its variety of forms, genres, and uses, as well as how songs are constructed. In addition, we will be composing song lyrics to specific models considered in our survey.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-22, MUST ALSO TAKE:

First Year Orientation Experience  
0952-100-22 – W – 11:00-11:50 AM  
_Debra Evans, Senior Associate Director – Office of Student Financial Services_

Section 23  
0952-110-23 – MW – 4:15-5:30  
_Patrice Armstrong-Leach, Professor/Assistant Dean – School of Education_  
**Community and Identity: Online and In Real Life**  
This course introduces students to sociolinguistic perspectives of language use and language learning particularly in the context of adolescents and young adults. The course will provide students with a foundational understanding of the concepts of language contact, language variation, and language acquisition. We will study language in society, culture and in technology and how it affects and is affected by schooling. Students will explore the language policies of the United States and be introduced to adolescent language use in and out of school as they construct their personal identities, group/community membership.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-23, MUST ALSO TAKE:

First Year Orientation Experience  
0952-100-23 – W – 11:00-11:50 AM  
_Susan Farinacci, Executive Director – Learning Resource Program_

Section 24  
0952-110-24 – MWF – 10:00-10:50 AM  
_Spurgeon Thompson – Department of English_  
**Encountering the Other in World Travel Writing**  
This course visits those moments when writers encounter people and cultures so completely foreign they struggle to make sense of what they see. It looks at such "first contact" moments in travelogues, films, and autobiographies from Shakespeare’s farewell play, _The Tempest_, John Smith’s account of Pocahontas in _A True Relation_, Jonathan Swift’s scathing satire _Gulliver’s Travels_ to H.G. Wells’ future-logue _The Time Machine_, and Ursula Le Guin’s speculative exploration of a planet on which there are no genders, and Scott Wallace's 2011 journey up the Amazon in search of the "uncontacted" ethnic groups of the Brazilian rainforest. How do we negotiate difference? What assumptions do we carry with us about others? When we actually encounter it, what happens to us inside? And how does travel to, and writing about other cultures change us as well as reinforce our identities? This course asks and answers big questions like these.

Classes are discussion driven, and among the writing assignments are included: 1) a student-guided visit to "encounter the other" in the New York area with a team of three peers, in the process of writing a travelogue about what and who is encountered, 2) an imagined encounter with "the other" following the lines of a "thought experiment" by Ursula LeGuin, and 3) the drafting, in small groups, of a "code of contact" for use in areas of the world where indigenous peoples have not yet been contacted by the modern world (Brazil, Peru, etc).
STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-24, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-24 – F - 11:00-11:50 PM

*Elaine Boylan, Sr. Associate Director of Career Development – Center for Career Development*

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**Section 25**

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-25, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-25 – W – 12:00-12:50 PM

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**Section 26**

0952-110-26 – MW – 1:00-2:15

*Maya Muratov, Assistant Professor - Department of Art and Art History*

**Art Exhibitions that Changed the World**

Ten extraordinary art exhibitions organized over the span of almost 150 years in Europe and the United States of America, from the Parisian *Salon des Refusés* in 1865 to the flamboyant Alexander McQueen’s retrospective at the Metropolitan Museum of Art in New York in 2012, will serve as case studies for this seminar. Over the course of lectures and discussion sessions, fortified by a rigorous reading plan, we shall explore the historical circumstances behind these shows, as well as their wide reaching influences on social, political, and artistic life of a society. Important issues such as the changing (or not) roles of art in the Western world and public functions and responsibilities of the art museums will be explored as well. In addition, students will learn the basics of how to research and contextualize a work of art, how to participate in a discussion as well as how to lead one, and how to put together and organize an oral presentation and a research paper.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-26, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-26 - W – 8:00-9:00 AM

*Thomas Ward, Executive Director - Center for Career Development*

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**Section 27**

0952-110-027 – WF – 8:25-9:50 AM

*Hanna Kim, Assistant Professor, Department of Anthropology*

**Modern Families, Modern Love**

Looking around, from reality television, social media, YouTube videos, to newspaper advice columns, there is much to explore about the shape of families and the shifting dimensions of love and romance in the United States. This seminar is an invitation to bring an anthropological lens to examining how Americans live their everyday lives in the context of changing ideas of seemingly long-held ideas about family, love, and the good life. We explore the range of ways that the “family” is being redefined, and along the way, we shall reconsider some of the assumptions that underlie ideas about family, genealogy, love, marriage, sex, death and consumption. Are the Kardashians an excellent example of a post-racial, pro-consumption American family
who will triumph over all detractors? How do ideas of motherhood change when there are two surrogate women birthing children for one set of parents, only one of whom has provided the genetic material for conception? Might notions of teenage angst, helicopter parents, and super moms be reflective of a passing moment in American history rather than long-term trends? Why do American spend billions on their pets, church donations, toys, and salty snack foods? These are some of the questions that we may ask with the intention of reconsidering assumptions that we may hold and which, if examined more closely, reveal fascinating, frustrating, moving, and contradictory aspects of modern American life. The seminar’s objective is to encourage a contagiously curious orientation to the allegedly “normal” and “not normal” in American lives and to develop analytical skills of observation and critical thinking about the everyday. Students will work on small projects of their choosing that will demonstrate the benefits of anthropological methodologies and interpretative strategies for “unpacking” their observations and gathered data. Information literacy, clear writing and analytical skills will be emphasized through the class projects, class discussions, and credit-based visits to the Library and Writing Center. Absolutely no background in any discipline is required: just an open mind and willingness for cherished ideals to be re-examined!

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-28, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-27 – R – 9:25-10:15 AM

Perez Helmut, Associate Professor - Exercise Science, Health Studies, Physical Education and Sport Management - School of Education

Section 28
0952-110-028 - TR – 3:05 PM – 4:20 PM

Paul Rukavina, Associate Professor – Exercise Science, Health Studies, Physical Education and Sport Management - School of Education

Motivation in Sport, Physical Activity and Education Contexts
The First Year Seminar Class is designed to help new college students understand the complex nature of motivation, and how our understanding can help increase our performance in sport, physical activity and educational contexts. Through active discussions, we will answer the general question, “what is motivation”, and then proceed to identify primary motivational antecedents and consequences. Finally, we will compare the effectiveness of several influential intervention strategies for enhancing motivation, and apply these strategies to solve class-member designed case studies. We will walk away from the class with a sense of what variables motivate us to apply effort and persist toward accomplishment of our goals leading to either success or failure.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-28, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-28 – R – 10:50-11:40 AM

Susan Farinacci, Executive Director – Learning Resource Program

Section 29
0952-110-19 – TR – 12:15-1:30 PM

Luda Bryzzheva, Associate Professor – School of Education

Identity and Restorative Justice: Survival and Beyond
“How did I get here?” is the question that drives this semester’s exploration of identity (emphasis on racial and ethnic identity). Via personal narratives, case studies, film and literature, students learn about construction of identity and how we end up where we are in life. Students develop plans of action to bring class lessons into their spheres of influence. Restorative justice practice is introduced throughout the course.
STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-29, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-29 – R – 10:50-11:40 PM
Christine Feeley, Professor – Derner Institute of Advanced Psychological Studies

Section 30
0952-110-30 – TR – 3:05-4:20 PM
Devin Thornburg, Professor – School of Education
Social Media, Arts and Human Rights
This course addresses the rise of social media over the past decade and its role in social movements and revolutions around the globe. In addition, students will work online with students in regions of the world with supporting readings and reflections as well as the creation of art projects. Students will be given an opportunity to understand more deeply more about both war and peace as they pertain to human rights, as well as the interaction of the two. The importance of narratives, art, documentary and photographs in the formation of public perception, on political and economic policies, and their symbolic (and artistic) impact on human rights are explored.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-30, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-30 – R – 12:15-1:05 PM
Ana De Leon, Administrative Assistant, College of Arts and Sciences

Section 31
0952-110-31 – TR – 4:30-5:45 PM

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-31, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-31 – R – 12:15-1:05 PM

Section 32
0952-110-032 – TR – 4:30-5:45
Douglas London, Assistant Professor – Department of Anthropology
Medicinal Plants: Search for the World’s Most Effective Cures for Diseases
You will be the investigator and search for cures by exploring the world of medicinal plants. When biomedicine is not working, people turn to exotic plants, diets, spices, and supplements from unusual organisms. You will discover and trace mystery cures back to their cultural sources and curative traditions.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-32, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-32 – R – 1:40-2:30 AM
**Section 33**  
0952-110-33 – TR – 3:05-4:20 PM  
*Brian Wygal, Assistant Professor – Department of Anthropology*  
**Being Human: An Anthropological Perspective**  
Anthropology is the study of humans, past and present. Join us for an introduction to Anthropology through class discussions of readings and independent research. Students will bridge the natural and social sciences in a way that fosters engaged inquiry and strengthens learning skills at the university level. By assessing anthropological, fossil, and ethnographic evidence from around the world, this class will attempt to answer the fundamental question: what does it mean to be human?  

*Note: This section reserved for Pre-majors, students who have not declared a major.*

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-33, MUST ALSO TAKE:  
First Year Orientation Experience  
0952-100-33 – R – 1:40-2:30 PM  
*M. McLeod, Associate Treasurer Budget Director – Treasurer*

**Section 34**  
0952-110-34 – TR – 4:30-5:45PM  
*Professor Catherine Forker – Exercise Science, Health Studies, Physical Education and Sport Management - School of Education*  
**Issues of Substance Abuse**  
This course examines the issues of substance use, misuse, abuse and addiction by studying its biological, psychological, sociological and legal aspects. Students will explore a variety of legal and illegal drugs and drug-related topics. Prevention and rehabilitation will be explored. This class is very interactive and requires a field activity.  

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-34, MUST ALSO TAKE:  
First Year Orientation Experience  
0952-100-34 – R – 3:05-3:55 PM  
*G. Shumack, Assistant Director – Residential Life and Housing*

**Section 35**  
0952-110-035 – MWF – 9:00-9:50  
*Arli Middendorf, Professor – Professor, Department of English*  
**Fairy Tales, Folktales, and Their Contemporary Counterparts**  
“One of the most exciting and intellectually challenging aspects of your first year at Adelphi will be your First Year Seminar (FYS). Each year faculty from across the university offer seminar courses on topics we are passionate about. We design these seminars to introduce you, as a student new to college, to the methods members of the academic community use to think about interesting ideas and problems. Seminar topics span the wide scope of human knowledge and research; each seminar gives you practice in taking responsibility for your
own learning as you participate in the exchange of ideas that distinguishes collegiate education from that of high school. Expect to challenge and to be challenged, to learn, share, and teach what you know among a tightly-knit community of seminar participants.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0952-110-34, MUST ALSO TAKE:

First Year Orientation Experience
0952-100-35 – F – 8:00-9:00 AM
Debbie Kyriacou - Senior Director of Academic Services, Academic Services and Retention
THE FOLLOWING SECTIONS ARE RESERVED FOR LEVERMORE GLOBAL SCHOLARS ONLY

Should you be interested in joining the Levermore Global Scholars program (with an emphasis on global learning and community action) please contact Dr. Susan Briziarelli, (Ext. 4118) Academic Director – Levermore Global Scholars (877-4190) or speak with your Orientation Leader.

LGS Section 1
0960-110-LGS 01 - TR – 10:50-12:05
Sarah Eltabib, Academic Tutor – General Studies
Human Rights and Social Movements
This course will examine the historical legacy of social movements, their political and legal implications, and their overall social consequences on a global scale. Several factors are considered including the examination of politicized spaces (Universities, Coffeehouses), Social Media (Twitter, Facebook) and discussions regarding the evolution of rights to assembly and speech.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0960-110-01, MUST ALSO TAKE:
First Year Orientation Experience
0960-100-01 – T – 1:40-2:30 PM
Jennifer Ganley, Administrative Assistant – Levermore Global Scholars

LGS Section 2
0960-110-LGS 02- MW – 2:25-3:40 PM
Devin Thornburg, Professor – School of Education
Children, Peace, and Violence
This course will address themes of peace and violence, both historically and today, among children and adolescents. Students will learn about stages of development that contribute to aggressive behavior as well as how social and cultural forces (in communities and schools) both contribute and modify this. Local, national, and global examples will be offered in the course. Using media accounts, fiction, film, and research studies, students will gain a greater appreciation of the dynamics of violence (for example, gangs, racial violence, bullying, gender violence) and efforts to resolve conflicts and create peaceful environments will be studied. The emphasis will be on what students can do in their own daily lives (within their choice of career and as citizens) to help to promote peace among youth. This will include a community service project that will be part of the course requirements.

STUDENTS WHO REGISTER FOR FIRST YEAR SEMINAR 0960-110-02, MUST ALSO TAKE:
First Year Orientation Experience
0960-100-02 – F – 1:15-2:05 PM
Jennifer Ganley, Administrative Assistant – Levermore Global Scholars